

News

For Immediate Release From Sharp HealthCare

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Sharp Grossmont Hospital for Neuroscience Officially Opens!

La Mesa, Calif., May 2, 2025 – On Thursday, May 1, the Sharp Grossmont Hospital for Neuroscience opened its doors to its first patients.

The specialty hospital, located on the Sharp Grossmont Hospital campus in La Mesa, is now San Diego's only comprehensive center for advanced brain, nerve and spine care. Individuals needing top-notch neurological and neurosurgical care, as well as treatment for other related conditions, now have access to a multidisciplinary team of specialized neurosurgeons, neurologists, neuro-oncologists, and therapists under one roof, as well as the latest diagnostic and treatment technologies that patients with complex neurological conditions need, including:

- Stroke patients for care including stroke rehab
- Cancers of the head, neck and spine
- Blood clots in the brain
- Complex spine deformities and tumors requiring integrated care across many disciplines, offering minimally invasive treatments such as robotics
- Neuro-ophthalmology treatment for vision issues related to the brain
- Epilepsy
- Sleep disorder treatment

Complementing the hospital will be an outpatient clinic, set to open in June of 2025, ensuring coordinated care from multiple neuro specialists.

The new facility is located adjacent to Sharp Grossmont Hospital and includes:

- 16-bed progressive care unit (Neuro-PCU)
- 16-bed intensive care unit (Neuro-ICU)

- 18-bed inpatient rehabilitation unit
- State-of-the art physical therapy and occupational therapy gymnasium

Other specialties and services offered include movement disorder treatment for conditions such as Parkinson's disease and essential tremor, as well as epilepsy and sleep disorder care.

With Sharp Grossmont Hospital already designated a Comprehensive Stroke Center, the highest designation given by The Joint Commission in partnership with the American Heart Association and American Stroke Association, Sharp Grossmont Hospital was a natural destination to create this much-needed specialty hospital. The Joint Commission accredits U.S. health care programs focused on quality and patient safety.

In part, the \$58 million facility came to fruition thanks to the generous support of Sharp Grossmont's philanthropic partners.

About Sharp Grossmont Hospital:

Sharp Grossmont Hospital has been deeply rooted in the East San Diego County community for 70 years. It is the largest not-for-profit, full-service acute care hospital in the East County region with 562 beds. The hospital is known for its clinical excellence in emergency and critical care, cardiac and cancer care, surgery, stroke care, orthopedics, neuroscience, rehabilitation, behavioral health, women's and newborn's health, and hospice care. Sharp Grossmont also offers extensive outpatient services and prevention programs such as home infusion, sleep disorder care, pulmonary medicine, wound care, and hyperbaric medicine to support Sharp HealthCare's emphasis on community health and wellness.

Sharp Grossmont has been awarded the Gold Certification for Excellence in Person-Centered Care by Planetree International. The patient-centered experience at Sharp Grossmont includes integrative therapies, including Reiki, Healing Touch, and aromatherapy; spiritual care services; as well as technologically advanced facilities such as our emergency room, critical care center, and the Burr Heart & Vascular Center. Set to open in April 2025, is the Sharp Grossmont Hospital for Neuroscience, San Diego's first comprehensive center for patients needing advanced brain and spine care. Sharp Grossmont is also recognized nationally and internationally for many other honors, including being a MAGNET®-designated hospital for patient care and nursing practices, earning a Gold Standard Level 1 "Accredited Senior-Friendly Emergency Department" by the American College of

Emergency Physicians, and named on *Newsweek's* Best Maternity Hospitals list.

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