



Kimberly Cockerham, MD, FACS
Oculofacial Plastic Surgery
Eyelid & Orbital Oncology
Thyroid Eye Disease
Neuro-Ophthalmology

Patient Name: _____ DOB: _____

Surgical Procedure: _____

Right Eye Left Eye Both Eyes

Surgical Procedure: _____

Right Eye Left Eye Both Eyes

INFORMED CONSENT FOR BROW LIFT (ENDOSCOPIC, TEMPORAL, PRETRICHIAL OR DIRECT)

WHY ARE MY EYEBROWS AND EYELIDS BOTHERING ME?

As individuals age, looseness in these regions may cause drooping of the eyebrows, eyelid hooding, forehead furrows and frown lines. When there is significant heaviness of the brows, this can cause drooping of the eyelid skin over the visual axis which can block your superior visual field. This can lead to fatigue, eyestrain, and loss of peripheral vision.

WHAT IS A BROW LIFT?

A Brow Lift is an elective surgical procedure to improve visible signs of aging in the forehead and eyebrow regions. A Brow Lift can be performed alone, or in conjunction with other procedures, such as an eyelid blepharoplasty or ptosis repair. This means removing excess skin on the eyelid or correcting the position of the eyelid itself. Recent advances in Brow Lift surgery make it possible to perform the procedure through a variety of approaches, including endoscopy where small incisions are made in the hairline to avoid a more visible scar. Brow Lift surgery is individualized for each patient. The surgical incision used may vary depending on the surgical technique that will best fit your individual needs. Most of the time, a brow lift must be considered visually significant before your insurance company will provide coverage.

HOW WILL BROW LIFT SURGERY AFFECT MY VISION OR APPEARANCE?

The results depend on your symptoms, unique anatomy, appearance goals, and ability to adapt to changes. A Brow Lift restores the more youthful position of the brows, which can help to clear the visual axis. A brow lift does not improve blurred vision caused by problems inside the eye, or by visual loss caused by neurological disease behind the eye. Because excess skin, muscle, and fat are consequences of aging, most patients feel that eyebrow and eyelid surgery – even when done for medical reasons – can improve appearance and make you feel more youthful. Please fully evaluate your goals and your ability to deal with changes to your appearance before agreeing to this surgery. Your doctor is committed to answering your questions and helping you achieve your goals.



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ALTERNATIVE TREATMENTS

Alternative forms of management include not treating the skin laxity and bagginess in the eyelids or in the forehead and upper eyebrow region by surgery. Other forms of eyelid surgery may be needed should you have disorders affecting the function of the eyelid such as drooping eyelids from muscle problems (eyelid ptosis) or laxity between the eyelid and eyeball (ectropion). Minor skin wrinkling may be improved through chemical skin-peels, lasers or other skin treatments. Mild brow ptosis can be temporarily corrected with Botox and fillers.

PLEASE INITIAL EACH OF THE FOLLOWING TO DOCUMENT THAT YOU HAVE READ THIS CAREFULLY. WHAT YOU SHOULD EXPECT AFTER BROW LIFT SURGERY:

- Itching for at least one week
- Bruising for at least two weeks
- Tearing and irritation for at least one month
- Scar for 3-6 months within hairline or visible scar if direct approach
- Minor hair loss in area of scalp incisions
- Feeling the absorbable implant for 9 months
- Numbness of the forehead and scalp for weeks to months

WHAT ARE THE RISKS OF BROW LIFT SURGERY?

- Bleeding
- Infection
- Opening of the incision
- Asymmetric or unbalanced movement of the brow
- Scarring requiring injections or revision
- Difficulty closing the eyes
- Worsening of dry eye problems

WHAT ARE THE MOST SEVERE RISKS (RARE BUT POSSIBLE)?

- Corneal damage
- Loss of vision (blindness)
- Injury to motor or sensory nerves

You may need additional treatment or surgery to treat these complications. Due to individual differences in anatomy, response to surgery, and wound healing, no guarantees can be made as to your final result. For some patients, changes in appearance may lead to anger, anxiety, depression, or other emotional reactions.

I have:

- Received a copy of this consent
- Had all my questions answered



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This is an elective procedure. You do not have to proceed with this surgery unless you are comfortable with the healing process and possible risks.

By signing below, I am confirming that Dr. Kimberly Cockerham has answered all of my questions and that I understand and accept the risks and the costs associated with this surgery and future treatments.

Patient Signature _____ Date: _____

Witness Signature _____ Time: _____ AM/PM

Physician Signature _____ Date: _____