

## Microneedling

## **Description of the Procedure:**

Microneedling treatment induces new formation of collagen.

- \_\_\_\_\_I understand that results will vary among individuals.
- \_\_\_\_\_Multiple sessions will be required to achieve my desired goals
- \_\_\_\_\_The goal of the procedure is to minimize fine lines and scars.
- \_\_\_\_\_The procedure and side effects have been explained to me

The microneedling procedure is normally completed in less than 30 minutes, depending on the required treatment and anatomical site. It is important to avoid sun exposure and to wear sunblock (SPF 55) on a daily basis. Failure to protect your treated skin from the sun will result in hyperpigmentation and mottling (post-inflammatory hyperpigmentation (PIH) that may be permanent.

## **Expected Side Effects:**

After the procedure, the skin will be red and flushed like a moderate sunburn. Bruising and/or scabbing may occur with the microneedling treatment.

## **Contraindications:**

A history of keloid scars Scleroderma Autoimmune diseases such as collagen vascular diseases Hemorrhagic disorder Active bacterial or fungal infection.

\_\_\_\_I understand the risks and benefits of microneedling and desire to proceed with the procedure.

\_\_\_\_All of my questions have been answered.

Kimberly Cockerham, MD, FACS

Signature/Date:\_\_\_\_\_